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Theranostics and Personalized Therapies in Nuclear Medicine

Carlos Uribe, PhD, MCCPM December 13, 2021







What is Nuclear Medicine?

What is Nuclear Medicine?

- Medical Specialty used to
 - Diagnose
 - Treat



- Allows to gather medical information that may otherwise:
 - Require Surgery
 - Require more expensive and invasive diagnostic exams
- It can identify abnormalities very early in the progression of the disease (even before they are apparent with other diagnostic tests)
 - Earlier treatment -> higher chances of a better prognosis



Radioactivity in Medicine

Generate images of an organ

- Radioactive tracers are injected into the patient
 - Planar (2D)
 - Tomographic (3D)

Therapy

• Radioactive tracers are injected into the patient to deliver energy and hopefully kill cancer cells (tumors).



Why is it called "Nuclear"?











Radiopharmaceuticals

- Link between physics (radio) and biochemistry (tracer)
- Is a substance that is labeled with a radioisotope, that decays allowing us to determine its location
- Inside the patient, it has a spatial/temporal distribution that provides useful information (e.g. For diagnosis)
 - The distribution or uptake depends on the biochemical properties of the tracer, not the fact that is radioactive
 - Necrotic tissue does not have tracer uptake
 - Uptake shows tissue function
- Nuclear medicine falls below the "functional imaging" category. It does not show anatomy or structure.



Tracers and Radioisotopes

PET Isotopes (Positron Emitters)					
Half-life	Rmean (mm)	Isotope			
110 min	0.6	¹⁸ F			
68 min	3.5	⁶⁸ Ga			
20.4 min	1.2	¹¹ C			
78.4 h	1.3	⁸⁹ Zr			

Therapy Isotopes (Beta emitters)							
Half-life	Half-life Rmean (mm) Gamma emissions [keV]		lsotope				
6.7 days	0.5	113 (6.2) 208 (10.3)	¹⁷⁷ Lu				

Small molecules (Deoxyglucose)

Peptides and derivatives (DCFPyL) (PSMA-617)

Monoclonal antibodies (Rituximab)



Role of Physics in Nuclear Medicine

- Underlying physics is not changing
- But the technology is changing
 - Production of radioisotopes (with the radiochemist)
 - New detectors, new configurations
- Methods for accurately quantifying concentrations of radionuclides within the patient
- Improvement of the models used for radiation dosimetry
- Physics plays a role in providing high-quality, cost-effective, quantitative, reliable, and biologically safe assays in Nuclear Medicine.



Nuclear Medicine can help in

- Determining if an organ is functioning well, or if there is any disease.
- Establishing if the physiology and/or metabolism has been altered?
- Providing information about treatment efficacy.
- Drug development
- Classification of disease
- Reporting of gene expression
- ... and many more



Emission Detection

Groups of Radiation Detectors

We are interested in detecting gammas emitted by radiopharmaceuticals to generate images

The processes of photon interaction with matter result in production of energetic electrons that transfer their energy to the medium by ionization and excitation

Charge carriers	Electrons and holes	Emission of light
Gas detectors	Semiconductor detectors	Scintillators



Scintillators

- Some materials emit light when they interact with ionizing radiation
- Scintillators can be plastic, organic or inorganic crystals, liquids or gases.







Scintillator Detectors

Inorganic ionic crystals are the most important in Nuclear Medicine

- High density and Z
- Fast response and high light yield
- Large crystals can be grown

Important property of scintillators

 Amount of light produced after the interaction with a particle is proportional to the energy deposited by the particle in the scintillator. In the NM energy range, the amount of light is very small.



Scintillator Detectors

Scintillator	Light Yield (photons/MeV)	Density (g/cm3)	Hydroscopic?	Decay constant (ns)	Energy resolution (%)	Max emission wavelength (nm)
Nal	41000	3.7	Yes	230	7	410
BGO	9000	7.1	No	300	21	480
LSO	26000	7.4	No	40	12	420
LYSO	26000	7.3	No	50	13	420
GSO	8000	6.7	No	60	14	440
BaF2	1400	4.9	No	0.8	10	225











Single Photon Emission Computed Tomography (SPECT)



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Detection of gammas from single photon emitting radioisotope
Energy of gammas typically within 70-400 keV. (Tc-99m -> 140 keV)
The energy depends on the isotope

•Statistics \rightarrow Record as many photons as possible

- Spatial resolution \rightarrow localization of photons during detection
- Energy resolution \rightarrow reject events that do not correspond to the source.
- Isotope identification
- The direction from which the photons reach the detector matters





Cherry, Physics in Nuclear Medicine



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Cherry, Physics in Nuclear Medicine







Absorptive Collimation



Gamma rays cannot be focused with lenses as it is done in cameras

Collimators allow only those photons travelling along certain directions to reach the detector

Without a collimator, we don't know the direction of the incoming photon



Absorptive Collimation



Requirements for collimator material:

- 1. High attenuation coefficient μ at energy *E* of the emissions.
- 2. Should produce very few scatter photons.



Planar Imaging (2D)



 Gamma camera is used to detect gammas emitted from single-photonemitting radionuclides



Planar Imaging (2D)





Anterior





Tomographic Imaging



Camera is rotated to acquire *projections* at many angles enabling 3D imaging



Tomographic Imaging





Tomographic Imaging SPECT





Positron Emission Tomography (PET)

- Nuclei undergoes β^+ decay
- The positron travels for a few mm and interacts with an electron in tissue
- An annihilation event occurs
- The annihilation produces two photons that travel in opposite directions





Positron Emission Tomography (PET)



- Measure electrical pulses from pairs of detectors
- Timing pulses are triggered when the voltages exceed predefined thresholds



Positron Emission Tomography (PET)



- The detector ring detects both of the 511 keV annihilation photons
- If the two events are detected within a small time difference (typically 6-12 ns) they are assumed to come from the same annihilation event
- The line of response passes through the point of annihilation
- No need for a collimator



Tomographic Imaging PET





Tomographic Imaging





Tomographic Imaging PET





Tomographic Imaging PET





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Image Reconstruction





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Anything wrong with this image?





f(x,y)

Reconstructed image

Disk with uniform activity concentration



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Quantitative Imaging
Image Degrading Effects SPECT





Image Degrading Effects PET





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But there's a problem...





f(x,y)

Reconstructed image

Disk with uniform activity concentration



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Iterative reconstruction algorithms





Iterative reconstruction algorithms





Iterative reconstruction algorithms





Quantitative Imaging

• If SPECT and PET images are **corrected for degrading effects**, then the image should contain information about the primary photons originating inside the patient

• The images now have the correct number of photons in each pixel

• However, a calibration factor is still required in order to convert the counts into activity or activity concentration values

• In order to obtain it, a scan of a perfectly known activity, with all the corrections is performed.



Quantitative Imaging





SPECT No Corrections



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Quantitative Imaging





17.55 40





Theranostics

PET and SPECT scans



PET		SPECT			
[⁶⁸ Ga]Ga-PSMA-11		[¹⁷⁷ Lu]Lu-PSMA617			
PET Isotopes (Positron Emitters)					
Half-life	Rmean	(mm)	lsot	оре	
110 min	0.6)	18	F	
68 min	3.5	,)	⁶⁸ (Ga	
20.4 min	1.2		11	С	
78.4 h	1.3	6	89	Zr	

Therapy Isotopes (Beta emitters)				
Half-life	Rmean (mm)	Gamma emissions [keV]	Isotope	
6.7	0 5	113 (6.2)	1771	
days	0.5	208 (10.3)	- Lu	





PET and SPECT Scans



Diagnostic Scan



PET			SPECT		
[⁶⁸ Ga]Ga-PSMA-11		[¹⁷⁷ Lu]Lu-PSMA617			
PET Isotopes (Positron Emitters)					
Half-life	Rmean	(mm)	Isotope		
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Therapy Scan

Theranostics



Prostate Specific Membrane Protein overexpressed in

Therapy Scan



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Diagnostic Scan

Theranostics - PSMA



Hofman, et al. "[177Lu]-PSMA-617 Radionuclide Treatment in Patients with Metastatic Castration-Resistant Prostate Cancer (LuPSMA Trial): A Single-Centre, Single-Arm, Phase 2 Study." The Lancet Oncology 19 (6): 825–33. 2018



Radiopharmaceutical Therapies (RPT)



Currently RPTs follow an empiric approach in which

- All patients are injected the same amount of radioactivity
- This approach limits the radiation toxicity to the population. Is posible that many patients are "undertreated".
- Many of them can propably tolerate a higher radiation doce.



Personalized RPTs

If we perform personalized dose assessments (as is routine in external beam radiation therapy):

We could optimize treatment response by:

- Delivering maximum possible dose to tumors
- While sparing healthy organs by keeping dose levels below toxic.





Dose

 Dose is defined as the energy deposited in a target region (e.g. organ or tumor) per unit mass

$$D = \frac{E}{M}$$

 SI units of absorbed dose is the joule per kilogram which has been named gray (1J/kg = 1 Gy).





• To calculate dose in nuclear medicine procedures we need to have information from the radioactive emissions of the radiopharmaceutical

$$S(r_t \leftarrow r_s) = \sum_i \frac{n_i E_i \phi_i (r_t \leftarrow r_s)}{M_t}$$

- Different decay modes of radionuclide of interest
 - Abundance (n_i) and energy (E_i) of each emission
- Absorbed fraction, $\varphi_i(r_T \leftarrow r_S)$
- M_t mass of the target





$$S(r_t \leftarrow r_s) = \sum_i \frac{n_i E_i \phi_i (r_t \leftarrow r_s)}{M_t}$$

- The S-factor provides the dose absorbed by the target per decay in the source
- How many decays in total within the source?
- $A = \frac{dN}{dt} = A_0 e^{-\lambda t}$ • $N = \int A_0 e^{-\lambda t} dt$???
- Biological processes (e.g. sweat, urine, etc)
- We need to incorporate a "biological half-life" that accounts for the rate at which the isotope is removed from the body





 $N = \int A_0 e^{-\lambda_{eff} t} dt = \tilde{A}$ Time Integrated Activity (TIA)

$$S(r_t \leftarrow r_s) = \sum_i \frac{n_i E_i \phi_i (r_t \leftarrow r_s)}{M_t}$$

$$D(r_t \leftarrow r_s) = \tilde{A}(r_s)S(r_t \leftarrow r_s)$$





Biologic distribution data (we don't know it; we must measure it)

•
$$D(r_t \leftarrow r_s) = \tilde{A}(r_s) S(r_t \leftarrow r_s)$$

Details about physical properties of the radionuclide. Method for combining biologic data with physical data to obtain Dose estimate





Dosimetry Workflow





Dose Estimation Techniques

 $D(r_t \leftarrow r_s) = \tilde{A}(r_s) S(r_t \leftarrow r_s)$

- Organ Level Approaches
 - Uses organ level S values
 - Dose to reference phantom



- Voxel S value approaches
 - Can deal with heterogeneous activity distributions
 - Precalculated dose distribution at voxel level
 - <u>– Homogeneous tissue</u>



- Uses patien's CT and 3D activity distribution
- Simulates radiation transport of particles through media





Challenges

- Need quantitative image reconstruction
- Multiple measurements
 - When to measure?
 - How many times to measure?
 - Can the patient tolerate it?
 - Do we have enough resources?
- Image registration
 - We acquire images at different times. How do we know that one voxel in one image does correspond to another one in another image?



Challenges

- Image segmentation
 - How can we be sure that what we are segmenting is the truth?
 - What's the mass? What's the activity?
- How accurate is the used dosimetry model?
 - Can we report values with an uncertainty?
- Some of these procedures are very time consuming and need too many resources.
 - How can we simplify them? Make it easier to make the standard of care?



Challenges

- Despite a large number of clinical trials, considerable uncertainties still remain regarding the optimization of this therapeutic approach. The vital question still remains
- What is the dose-response relationship that could guide us in planning personalized treatments?



Our Vision and Efforts

Standardizing Dosimetry Protocols



An International Study of Factors Affecting Variability of Dosimetry Calculations, Part 1: Design and Early Results of the SNMMI Dosimetry Challenge

Carlos Uribe^{1,2}, Avery Peterson³, Benjamin Van³, Roberto Fedrigo⁴, Jake Carlson⁵, John Sunderland⁶, Eric Frey^{47,8}, and Yuni K. Dewaraja⁸³

¹Functional Imaging, BC Cancer, Vancouver, British Columbia, Canada; ²Department of Radiology, University of British Columbia, Vancouver, British Columbia, Canada; ³Department of Radiology, University of Michigan Medical School, Ann Arbor, Michigan; ⁴Department of Integrative Oncology, BC Cancer Research Institute, Vancouver, British Columbia, Canada; ⁵U-M Library, University of Michigan, Ann Arbor, Michigan; ⁶Department of Radiology, University of Iowa, Iowa City, Iowa; ⁷Radiological Physics Division, Johns Hopkins University, Baltimore, Maryland; and ⁸Rapid, LLC, Baltimore, Maryland



Dosimetry Challenge (snmmi.org)



A)







JNM Supplement Addresses Radiopharmaceutical Dosimetry for Cancer Therapy - SNMMI



Al is a powerful tool

Role of Artificial Intelligence in Theranostics: Toward Routine Personalized Radiopharmaceutical Therapies

Julia Brosch-Lenz, PhD^a, Fereshteh Yousefirizi, PhD^a, Katherine Zukotynski, MD, PhD, FRCPC^b, Jean-Mathieu Beauregard, MD, MSc, FRCPC^{c,d}, Vincent Gaudet, PhD, PEng^e, Babak Saboury, MD, MPH, DABR, DABNM^{f,g,h}, Arman Rahmim, PhD, DABSNM^{a,i,j}, Carlos Uribe, PhD, MCCPM^{i,k,*}

Brosch-Lenz, J. et al. PET Clinics 16, 627-641 (2021).







Quantitative Imaging PSMA

ORIGINAL RESEARCH

Quantitative Evaluation of PSMA PET Imaging using a Realistic Anthropomorphic Phantom and Shell-less Radioactive Epoxy Lesions

Roberto Fedrigo, Dan J. Kadrmas, Patricia E. Edem, Lauren Fougner, Ivan S. Klyuzhin, M. Peter Petric, François Bénard, Arman Rahmim, Carlos Uribe

DOI: 10.21203/rs.3.rs-801202/v1 🚦 Download PDF

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t = 4hrs



Segmentation and analysis of PSMA-PET/CT images of prostate cancer

Ivan Klyuzhin, PhD



Measuring the tracer uptake in healthy organs can be used to optimize the drug dose and effectiveness on a <u>personalized level</u>. [*Violet et al., J Nucl Med., 2019*]

 Manual segmentation of organs is very laborintensive and subject to operator variability.

Our goal is to develop a fully-automated and robust method for healthy organ segmentation in PSMA PET/CT images.





Automatic Segmentation PSMA-Hornet

Segmentation and analysis of PSMA-PET/CT images of prostate cancer

Ivan Klyuzhin, PhD



Measuring the tracer uptake in healthy organs can be used to optimize the drug dose and effectiveness on a <u>personalized level</u>. [*Violet et al., J Nucl Med., 2019*]

 Manual segmentation of organs is very laborintensive and subject to operator variability.

Our goal is to develop a fully-automated and robust method for healthy organ segmentation in PSMA PET/CT images.



Segmentation and analysis of PSMA-PET/CT images of prostate cancer

Ivan Klyuzhin, PhD



Total lesion volume (TV) was found to be significantly associated with prostate cancer survival – can be used to adjust therapy.



PSMA Tracer: ¹⁸F-DCFPyL

PSMA total tumor volume (TV) predicts survival.

We are developing models and methods for <u>fully-automated</u> <u>detection and segmentation</u> of metastatic prostate cancer lesions.

Schwarzenboeck et al., JNM, 2017

Seifert et al., EJNMMI, Sep 2020





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Segmentation and analysis of PSMA-PET/CT images of prostate cancer Ivan Klyuzhin, PhD



(predicted)



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Quantitative Imaging Lymphoma 20% FT

Negative-Cast Modelling for Oncology (NCMO)

Realistic Tumour Modelling for Nuclear Medicine

• NCMO used to simulate bulky, heterogeneous tumours based on example cases from lymphoma patients



30% FT

 \mathbf{X}





40% FT



Gradient



Roberto Fedrigo, Masters Student



Quantitative Imaging Lymphoma







Development of the Lymphatic System in the 4D XCAT Phantom for Improved Multimodality Imaging Research

Roberto Fedrigo^{1,2}, Paul Segars³, Patrick Martineau⁴, Kerry J. Savage⁴, Carlos Uribe^{2,4}, Arman Rahmim^{1,2,4} ¹BC Cancer Research Institute, ²University of British Columbia, ³Duke University, ⁴BC Cancer







Roberto Fedrigo, Masters Student

Best for Volume: 25% FT



Best for Activity:

Gradient





Fully automated segmentation of tumors in PET and PET/CT images using AI approaches

By: Fereshteh Yousefirizi



- Heterogeneous Presence:
 - lymphoma can be present in any of the over 500 lymph nodes
 - other lymphatic organs such as the bone marrow and spleen.
- Vast range of Treatments:
 - chemotherapy and radiation to newer immunotherapies

It is difficult to identify the patients who will not respond to therapy or the non responder patients





Fully automated segmentation of tumors in PET and PET/CT images using Al approaches

By: Fereshteh Yousefirizi





- Lymphoma lesion segmentation is a challenging task:
 - **?** Varied number, size, site and shape of lesions
 - Peterogeneity and different degrees of glucose metabolism
 - **?** The high rate of false positive by normal organs (i.e. brain & bladder)





Fully automated segmentation of tumors in PET and PET/CT images using Al approaches

By: Fereshteh Yousefirizi







 Convolutional neural network with a hybrid loss function for fully automated segmentation of lymphoma lesions in FDG PET images, SPIE2022

 A cascaded deep network for automated tumor detection and segmentation in clinical PET imaging of diffuse large B-cell lymphoma, SPIE2022.

 Automated segmentation of diffuse large B cell lymphoma (DLBCL) lesions in [¹⁸F]FDG-PET/CT images using Transfer learning, PILM2021



Fully automated segmentation of tumors in PET and PET/CT images using Al approaches

By: Fereshteh Yousefirizi





The **cross-entropy** loss and **Dice** loss or a combination of them are mainly used for semantic segmentation.

Three main categories of loss functions that have been used for medical image segmentation



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Fully automated segmentation of tumors in PET and PET/CT images using Al approaches

By: Fereshteh Yousefirizi

		Quantitative Radiomolecular Imaging & Therapy Qurit.ca	DBG
Loss function	Hyper-parameters	Dice	HD
Region	-	0.68 ± 0.21	24.6 ± 27.3
Distribution	α=0.25, γ=2	0.72 ± 0.24	28.7 ± 19.2
Region + Distribution	α=0.25, γ=2	0.75 ± 0.16	31.2 ± 21.9
Distribution + Region + Boundary	λ=0.5, δ=0.6, γ=0.5, β=10 ⁻⁷	0.77 ± 0.08	16.5 ±12.5





BC CAN CER

Approach1: Automated segmentation of diffuse large B cell lymphoma (DLBCL) lesions in [18F]FDG-PET/CT images using Transfer learning



(a) Original PET image (b) ground truth mask (c) trained on PMBCL data (d) trained on H&N data



Model	DSC (mean ± std)
trained on H&N	0.71±0.14
trained on PMBCL	0.54+0.08

(a) ground truth mask (b) trained on PMBCL data (c) trained on H&N data



Fully automated segmentation of tumors in PET and PET/CT images using Al approaches

By: Fereshteh Yousefirizi



maging & Therap Qurit.ca



Multiscale Dosimetry

Quantitative Ex Vivo Imaging of ²²⁵Ac with the iQID Alpha Camera

<u>Cassandra Miller^{1,2}</u>, Julie Rousseau³, Jason Crawford⁴, Brian Miller^{5,6}, François Bénard^{3,8,9}, Arman Rahmim^{1,2,8}, Carlos Uribe^{7,9}









Intratumoural distribution of an ²²⁵Ac labelled antibody in mouse tissue section



Multiscale Dosimetry

The Impact of Cell Shape on the Doses Delivered to the Nucleus from ¹⁷⁷Lu-labelled Radiotracers

Quantitative Radiomolecular Imaging & Therapy



UBC

<u>Cassandra Miller^{1,2}</u>, Guillaume Chaussé³, Julia Brosch-Lenz^{1,4}, François Bénard^{3,5,6}, Arman Rahmim^{1,2,6}, and Carlos Uribe^{3,6}

¹Department of Integrative Oncology, BC Cancer Research Institute, Vancouver, BC, Canada, ²Department of Physics, University of British

Macroscopic dosimetry **omits** the physics & biology that occurs on the **microscopic** and **cellular** level

There are microscopic variations in absorbed doses between radioisotopes and pharmaceuticals which may not be seen at the organ-level









Multiscale Dosimetry

The Impact of Cell Shape on the Doses Delivered to the Nucleus from ¹⁷⁷Lu-labelled Radiotracers

<u>Cassandra Miller^{1,2}</u>, Guillaume Chaussé³, Julia Brosch-Lenz^{1,4}, François Bénard^{3,5,6}, Arman Rahmim^{1,2,6}, and Carlos Uribe^{3,6}

¹Department of Integrative Oncology, BC Cancer Research Institute, Vancouver, BC, Canada, ²Department of Physics, University of British

Macroscopic dosimetry **omits** the physics & biology that occurs **microscopic** and **cellular** level

There are microscopic variations in absorbed doses betwe radioisotopes and pharmaceuticals which may not be seen organ-level





Conclusions and Acknowledgements

Conclusions



- Nuclear medicine detectors (i.e. PET and SPECT) allow us to gather information of
- Quantitative imaging is needed for accurate dosimetry and outcome prediction
- Al is a powerful tool that can help us with the different steps of the dosimetry workflow to make personalized dose assessments routine in clinical practice





Acknowledgements









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Society of Nuclear Medicine And Molecular Imaging



Thank you!









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